

Full Contest Details

[Click here for printable rules \(PDF\) for 2019](#)

1. Contest Object: For stations in the United States and Canada (including territories and possessions) to exchange QSO information with as many other US and Canadian stations as possible on 160, 80, 40, 20, 15 and 10 meter bands.

2. Date and Contest Period:

2.1. CW: First full weekend in November (**November 2-4, 2019**).

2.2. Phone: Third full weekend in November (**November 16-18, 2019**)

2.3. Contest Period: Begins 2100 UTC Saturday and runs through 0259 UTC Monday.

2.4. Scores will be calculated from contacts logged during the first 24 hours of operation. *Clarification: the intent of this rule is to limit operating time (listening or transmitting) to 24 hours. Contacts logged after 24 hours of operation will not be counted toward the final score, there is no penalty for including those contacts in a submitted log, and the station contacted is eligible to receive credit for the contact.*

2.5. Off periods may not be less than 30 minutes in length.

2.6. Times off and on must be clearly noted in paper logs. In electronically-submitted Cabrillo logs, off-times are calculated by the log-checking software.

2.7. Listening time counts as operating time.

3. Entry Categories:

3.1. Single Operator:

3.1.1. QRP. Transmit with 5 watts or less. Spotting assistance & Skimmer use is NOT permitted.

3.1.2. Low Power. Transmit with 150 watts or less. Spotting assistance & Skimmer use is NOT permitted.

3.1.3. High Power. Transmit with 1500 watts or less. Spotting assistance & Skimmer use is NOT permitted.

3.2. Single Operator Unlimited:

3.2.1. Low Power— Transmit with 150 watts or less. Spotting assistance and Skimmer use is allowed.

3.2.2. High Power--Transmit with 1500 watts or less. Spotting assistance and Skimmer use is allowed

3.3. Multioperator, Single Transmitter:

Multioperator scores are based on the first 24 hours of operating time, the same as Single Operator entries. (see rule 2.4)

3.3.1. Low Power - Transmit with 150 watts or less. Spotting assistance and Skimmer use is allowed.

3.3.2. High Power - Transmit with 1500 watts or less. Spotting assistance and Skimmer use is allowed.

3.3.3. Multioperator entries may have only 1 transmitted signal on the air at any given time; alternating CQs on two or more frequencies using the same band and mode is prohibited.

3.3.4. Multioperator stations have no limitations on band changes.

3.3.5. There is no Multioperator, Two Transmitter or Multioperator, Multi-Transmitter category.

3.4. School Club:

3.4.1. There are three divisions to this category.

3.4.1.1. College and University

3.4.1.2. Technical School

3.4.1.3. Secondary and other School

3.4.2. School clubs compete as their own category.

3.4.3. Only currently enrolled regular students and faculty/staff of the institution are eligible to operate a school club entry. As of 2010, Alumni may participate on the air with students. It is not, however, in the spirit of the category for Alumni exclusively to use the club station. Alumni should make every effort to continue in an Elmer role to current student club members.

3.4.4. There is no distinction between Single and Multi operator stations or power levels in the School Club category.

3.4.5. School clubs **must** operate from established stations located on the campus. No portable operation from a near-by contest station is allowed. A club may operate from a member's station only if no on-campus station exists.

3.4.6. Certificates will be awarded to the top scoring entry in each division of this category in each ARRL/RAC section and division.

3.4.7. Spotting assistance and Skimmer use is allowed.

4. Contest Exchange: The required exchange consists of:

4.1. A consecutive serial number;

4.2. Precedence;

4.2.1. "Q" for Single Op QRP (5 Watts output or less);

4.2.2. "A" for Single Op Low Power (up to 150 W output);

4.2.3. "B" for Single Op High Power (greater than 150 W output);

4.2.4. "U" for Single Op Unlimited Single-Op Unlimited High Power and Single-Op Unlimited Low Power both send "U")

4.2.5. "M" for Multi-Op (Multiop High Power and Multiop Low Power both send "M")

4.2.6. "S" for School Club;

4.3. Your Callsign (**remember that you must include your call sign during the exchange**)

4.4. Check

4.4.1. The last 2 digits of the year of first license for either the operator or the station.

4.4.2. An entry must send the same Check throughout the entire contest.

4.5. ARRL/RAC Section ([click here for the official list](#))

4.6 Exchange Example: NU1AW would respond to W1AW's call by sending: **W1AW 123 B NU1AW 71 CT**, which indicates QSO number 123, B for Single Op High Power, NU1AW, first licensed in 1971, and in the Connecticut section.)

5. Scoring:

5.1. QSO points: Count two points for each complete two-way QSO.

5.2. Multiplier: Each ARRL Section and RAC Section plus the Canadian NT (Northern Territories - encompassing VE8 / VY1 / VY0) with a maximum number of 83.

5.2.1. KP3, KP4 and KP5 are in the Puerto Rico Section.

5.2.2. KV4(*) / KP2, KG4 and KP1 stations are in the Virgin Islands Section. (* = KV4 calls issued by FCC prior to 1978 were assigned to the US Virgin Islands - FCC has since begun issuing KV4xx calls systematically to the mainland 4th call area).

5.2.3. KH6 and other US possessions in the Pacific count as the Pacific Section.

5.3. **Final score:** Multiply QSO points (two per QSO) by the number of ARRL/RAC sections (plus NT VE8/VY1/VY0).

6. Miscellaneous:

6.1. Work each station only once, regardless of band.

6.2. For all entry categories, only one transmitted signal is permitted at any time; alternating CQs on two or more frequencies using the same band and mode is prohibited.

7. Awards:

7.1. Certificates will be awarded to the top operator CW and Phone scores in each category in each ARRL/RAC Section and Division.

7.2. All Overall and Divisional winners will be awarded a plaque recognizing their efforts. Plaques are either sponsored by groups of clubs or by the principal awards sponsor, Icom.

8. Log Submission:

8.1. **All logs must be submitted within SEVEN (7) days of the end of the contest.** Entries submitted via web app or postmarked after the deadline may be designated checklogs. While the ARRL will never refuse a paper log, **Cabrillo-formatted electronic logs are strongly encouraged.**

8.1.1. Deadline for submission of CW entries is **November 11, 2019.**

8.1.2. Deadline for submission of Phone entries is **November 25, 2019.**

8.1.3. The CW and Phone modes are considered separate contests and must be submitted separately to meet the deadlines.

8.2. All paper log entries **must** include the official summary sheet as well as all required sent and received contest exchange information for each QSO. Paper logs that do not include these items will not be processed.

8.3. Paper logs may be converted by the entrant to Cabrillo-formatted logs by logging onto this special [web page](#) and manually entering the QSO data and completing the required information.

8.4. Any entry that has been created using a computer for logging **must** be submitted in the Cabrillo log file format.

8.4.1. Files from word processing, spreadsheet programs or "bin" type logging program files are not valid or usable.

8.4.2. Any electronic file that is not submitted in required format will not be eligible for competition and awards.

8.4.3. A paper printout for a log that has been generated by a computer in lieu of the actual data file in the required format is not an acceptable substitute.

8.4.4. Paper logs that are entered into a logging program or computer after the contest are considered electronic logs and must be submitted via the web app at contest-log-submission.arrl.org

8.5. Hand-written paper logs are acceptable entries. Any hand written paper log of 500 or more QSOs must include the required dupe sheet.

8.6. Logs sent via the regular mail service must be addressed to: November SS CW or November SS Phone, ARRL, 225 Main St, Newington, CT 06111. If submitting a paper log, it is strongly suggested you use a delivery method that offers a tracking number.

9. Other Information

9.1. See "[General Rules for All ARRL Contests](#)" and "[General Rules for ARRL Contests on Bands Below 30 MHz \(HF\)](#)."

9.2. All contest queries should be directed to contests@arrl.org or 860-594-0232.