1. Fold a sheet of $8 \frac{1}{2} \times 11$ " paper in half to $8 \frac{1}{2} \times 5 \frac{1}{2}$ ".
2. Fold again along the diagonal line. 3. Fold back one side forming kite shape and place tape firmly along fold line.(No stick is needed here because the fold stiffens the paper and acts like a spine.)
3. Place spar on kite from point $C$ to D and tape down firmly. I used a straw.


Big Wind Kite Factory, Moloka'i, Hawai'i.
http://www.aloha.net/~bigwind/20kidskites.html

