

**STM Report
Wisconsin Section
September 2019**

Pace Yourself

FAQ # 218 How do I pace myself? How do I keep my balance? Where do I find the time? Amateur Radio can be as time-consuming as we allow it. It's so much fun that we can spend hours chasing elusive DX, experimenting with antennas, or building fascinating equipment. We can check plenty of nets every day, attend all the swapfests, and volunteer for every public service event. We can let the hobby become our life or we can find a place for it in our life. And sometimes we need a break, some time off, a short vacation from the Ham bands.

Just as we pace ourselves when sending a message, we need to pace ourselves in the hobby. Although Ham, Radio gives us chances to learn, chances to serve, chances to achieve, and chances to share – we can apply our knowledge, service, and success to the rest of our lives. A good way to start is by sharing what we've learned through our hobby. We can apply our skills in listening and helping others in what we do each day. We can put to use the interpersonal skills we've sharpened by radio in our families, in our social activities, and in our employment.

Keeping a balance in life makes us better Hams, too. When we introduce other aspects of our lives, it makes us more interesting conversationalists. It's fun to learn about our friends. We can use our sharpened listening skills to be a better friend, more fun to talk to. Sharing our experience and expertise *outside* the hobby shows that we're well-rounded citizens and, simply, nice people to know.

Helping fellow Hams, training new operators, and just being a friend helps us stay balanced, and staying balanced helps us avoid burnout. Creating more interest in the hobby makes us all look good. Yes, I, too, hope to continue the balancing act with our great avocation until the day they publish my six-word obituary, "K9LGU is SK. Radio for sale." 73 - K9LGU

WISCONSIN SECTION

P S H R SUMMARY

September 2019

POSSIBLE POINTS >	40 nets	40 tfc	30 appt	5 /hr. sked events	5 /hr. emrg events	10ea bbs/web pg	
CALL	1	2	3	4	5	6	T
K9LGU	40	40	30	25	0	0	135
N9VC	40	40	30	235	0	10	355
WB9WKO	40	40	30	35	20	10	185
NX9K	40	40	20	20	0	0	120
KN9P	40	40	20	0	0	0	100
AG9G	40	40	20	25	0	0	125

WISCONSIN SECTION MONTHLY NET ACTIVITY**September 2019**

NET	QNI CHECK- INS	QTC TRAFFIC	QTR TIME	SSNS SESSIONS	NM
BWN	864	913	2457	30	K9LUK
BEN	333	247	630	30	NX9K
WSBN	473	190	853	30	KN9P
WSSN	197	56	409	30	KB9ROB
WIN/E	170	21	209	30	WB9ICH
WIN/L	169	57	295	30	W9RTP
WRACES HF	85	15	190	5	WB9WKO
WRACES VHF	24	3	38	1	W9REL
WRACES- DIGITAL	179	1254	5760	4	KB9MMC
W DSTAR	107	1	178	9	AB9FT
Totals	2601	2757	11019	199	

WISCONSIN SECTION

STATION ACTIVITY SUMMARY

September 2019

STATION	ORIG	RCVD	SENT	DLVD	TOTAL
NX9K	349	111	408	2	870 - BPL
WB9WKO	0	368	281	4	653 - BPL
AG9G	0	172	91	0	263
N9VC	0	162	48	0	210
K9LGU	0	59	58	0	117
KA9BAE	0	33	45	0	78
KB9ROB	0	42	10	6	58
KN9P	0	30	11	6	47
KB9NUM	0	14	13	10	37
K9GU	0	0	31	0	31
W9RTP	0	24	4	0	28
W9UW	0	11	15	0	26
W9AUA	1	10	6	1	18
WB9ICH	0	15	2	0	17
W9RNA	2	5	2	3	12
K9GDF	0	2	2	0	4